



## UNITED INDIAN HEALTH SERVICES, INC.

UIHS May-Gay-Tolh-Kwe  
Youth Summer Camps 2025

### APPLICATION for SUMMER CAMP PEER COUNSELOR & LEADERSHIP OPPORTUNITY

United Indian Health Services, Inc. (UIHS) thanks you for your interest in applying for the peer counselor leadership opportunity as part of our *May-Gay-Tolh-Kwe* ("a healing place" in the Yurok language) Youth Summer Camp 2025, which will be held July 7-11, 2025 at the Red Alder Group Campsite and Sumeg Village at Sue-meg State Park in Trinidad, California. All participants chosen to participate in this project will be required to arrive at UIHS by 8 am Monday, July 7, 2025 and willing to remain on site through Friday, July 11, 2025, at 5pm.

**All Peer Counselors will be required to attend a leadership training which is scheduled to be held on Monday, July 7, 2025.** The training will include team-building activities, an overview of the roles/responsibilities of peer counselors, emergency protocol, a review of the summer camp agenda and more. This will be a chance for peer counselors to get acquainted with one another, be introduced to adult summer camp staff and develop their leadership skills!

*May-Gay-Tolh-Kwe Youth Summer Camp 2025 will provide a safe and positive camping experience for American Indian community youth ages 9-11 who are registered with UIHS. Campers will be introduced to local cultural traditions and have the opportunity to participate in many activities that promote and encourage healthy lifestyle choices.*

*Cultural activities will include necklace making, storytelling, and traditional games. Presentations & activities on health & wellness related topics such as prevention of diabetes, self-esteem building, nutrition, recycling and environmental education. Campers will also participate in daily hikes, nature walks, games and various sports activities.*

**Peer Counselor Application Packet is DUE Friday, June 20, 2025**

at the UIHS Potawot Health Village 1600 Weeot Way Arcata, CA 95521

Faxed applications are acceptable (707) 825-5055

If you have any questions or need more information, please contact the UIHS Human Resources Department at (707)825-5000 or the UIHS Tribal Public Health Department at (707)825-5070.

**UIHS YOUTH SUMMER CAMP  
PEER COUNSELOR & LEADERSHIP OPPORTUNITY  
PARTICIPANT RESPONSIBILITIES**

**PEER COUNSELOR LEADERSHIP OPPORTUNITY OVERVIEW:**

All peer counselors will participate in a leadership training which will introduce team-building activities through a variety of hands-on activities and group presentations. The leadership training will include information about traditional activities that will be shared with youth campers during the summer camp. Peer counselors will also be introduced to basic emergency protocols. Peer counselors will be given the opportunity to work with adult summer camp staff to assist with motivating, encouraging and supervising summer camp youth participants aged 9-11 years old. Peer counselors will serve as positive role models by leading by example and participating in all summer camp activities.

**MAJOR TASKS and RESPONSIBILITIES:**

- Be responsible for assisting adult summer camp staff with team supervision of campers.
- Be a positive role model by demonstrating respect to all campers, counselors, staff, elders and guest presenters.
- Willingly and enthusiastically participate in all group activities and workshops; this can include physical activity such as hiking and sports.
- Provide assistance to camp director, coordinators, adult camp counselors, and guest presenters as requested.
- Demonstrate an open willingness to share traditional and cultural knowledge that helps to motivate and inspired campers to participate in workshops and activities.
- Report any inappropriate activity or behavior and to the camp coordinators/director.
- Practice confidentiality.
- Acquaint yourself with counselor roles and responsibilities, emergency protocol, first aid kit, camp agenda, campground bathroom/shower facilities, and the campground boundaries, etc.
- Will not engage in any inappropriate behavior such as: profanity, physical violence, verbal abuse and sexual misconduct, consumption or possession of any controlled substance. No tobacco use will be permitted.
- MUST be willing to remain at camp from **8 :00 am on Monday July 7, 2025** until **5:00pm on Friday, July 11, 2025** when campers have departed and the wrap up meeting concludes.

**ELIGIBILITY REQUIREMENTS for PEER COUNSELORS:**

All American Indian youth between the ages of 15-17 years old by July 4, 2025 are encouraged to apply if they have a willingness to participate in leadership training activities; have the desire to develop leadership skills; are excited about the opportunity to camp out in a traditional village setting and work with a team to provide fun and exciting activities to other youth from our community. All participants must be drug, alcohol and tobacco free.

APPLICATION FOR UIHS SUMMER CAMP 2025  
PEER COUNSELOR & LEADERSHIP OPPORTUNITY

NAME \_\_\_\_\_ DATE: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_ GENDER: M / F

CITY/STATE: \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

Will you be between the ages of 15 -17 years old as of July 4, 2025? YES/ NO (circle)

Sweatshirt size: \_\_\_\_\_ Tribal Affiliation: \_\_\_\_\_

Please describe any experience you have working with youth:

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Please list any experience with local American Indian cultures that you would be willing to share at camp:

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Please explain why you are interested in working for UIHS Youth Summer Camp:

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What do you expect to be doing in 5 years?

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## EDUCATION AND TRAINING

Schools Attended: \_\_\_\_\_

Please check any activities that you have been involved with:

- ☐ Recreational and/or school sports
- ☐ School Clubs and/or Student Organizations
- ☐ Peer Counseling
- ☐ UIHS TAG (Teen Advisory Group) or POWER (Peers Offering Wisdom Education & Respect) or other UIHS Youth Group
- ☐ American Indian Ceremonies and Gatherings
- ☐ JOM/ Indian Education Programs
- ☐ Community Involvement (*please list & describe below*)

Please describe your community involvement and tell us what you learned and/or gained from the experience:

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**By signing below, I agree to:** Attend and be on time to all functions and activities; cooperate with all staff, counselors and guest presenters; stay away from drugs, alcohol, and tobacco; lead by example by teaching campers to act in a manner that honors their ancestors and traditions as members of the American Indian community.

Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Counselor Application Packet is DUE FRIDAY, JUNE 20, 2025**  
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